Info

Table Immunity 'elderberry flavored'

|  |  |  |
| --- | --- | --- |
| Name | Quantity | RI % |
| Vitamin C | 16 mg | 20% |
| VItmin D | 4 mcg | 20% |
| Magnesium | 126 | 30% |
| Zinc | 3 mg | 25% |
| Selenium | 22 µg | 40% |
| Elderberry | 100 mg | - |

Table Energy 'banana flavored'

|  |  |  |
| --- | --- | --- |
| Name | Quantity | RI % |
| Magnesium | 63 mg | 15% |
| Vitamin B1 | 0.6 mg | 50% |
| Vitamin B2 | 0.6 mg | 40% |
| Vitamin B12 | 0.8 mcg | 30% |
| Vitamin B6 | 0.4 mg | 30% |
| Biotine | 30 mcg | 100% |
| Vitamine D | 4 mcg | 20% |

Table Health 'apple flavored'

|  |  |  |
| --- | --- | --- |
| Name | Quantity | RI % |
| Vitamin A | 160 mcg RE | 20% |
| Vitamin B1 | 0.6 mg | 50% |
| Vitamin B2 | 0.6 mg | 40% |
| Vitamin B6 | 0.4 mg | 30% |
| Vitamin B12 | 0.8 mcg | 30% |
| Magnesium | 84 mg | 20 % |
| Jood | 53 mcg | 35% |